

### WORSHIP IN LENT ~ Manifesting the Kin-dom of God

**St. Luke's primary worship gathering continues online on Sundays at 9:30am via Facebook.**

**Midweek in-person services with Communion** (bread only) are Thursdays in Lent at 1:00 and 7:00pm. In person limit: 25 people total. In order to include our community members who are unable to join us in person, our 7:00pm service is livestreamed on Facebook. To sign up for a service, choose a link below, or call Cindy Gibbon at 503-880-5502.

- **March 4:** <https://www.signupgenius.com/go/20F044DA9A72CA3FE3-lenten>
- **March 11 and 18:** <https://www.signupgenius.com/go/20F044DA9A72CA3FE3-lenten1>
- **March 25 and April 1** (Maundy Thursday): <https://www.signupgenius.com/go/20F044DA9A72CA3FE3-lenten2>

Please see (and enjoy) our Luther Safety Video before coming on campus:  
<https://www.youtube.com/watch?v=qFNBmrbSUp4&feature=youtu.be>

**We extend Communion** beyond our in-person gatherings: those who wish to partake of the shared, community meal of Christ have two options to receive the Communion bread:

1. Fridays in front of the narthex from 10:00-11:00am. Drive up, no appointment necessary.
2. Have Communion brought to your front door. Contact Jane Chan ([yuenandjane@msn.com](mailto:yuenandjane@msn.com)) or call/text 503-380-8115).



### WORSHIP IN HOLY WEEK

#### **Palm Sunday is March 28!**

Join our online worship gathering, followed by our in-person drive thru Blessing of the Palms!  
*(Please note: if you're sharing an Alleluia photo for the Easter montage, it is due today!)*

#### **Take part in the Passion narrative!**

Join fellow St. Luke readers as we share the story of Jesus' suffering and death.

To sign up for a part and access the script, go to:

<https://www.signupgenius.com/go/60BOE49ACAE22A5FE3-passion>.

Rehearsal and recording take place on Zoom beginning at 11:00am on Sunday, March 21.

**Maundy Thursday, April 1:** In-person services with Communion at 1:00 and 7:00pm. Our 7:00pm service features the stripping of the altar and is livestreamed.!

**Good Friday Tenebrae: April 2:** In-person Tenebrae services at 1:00 and 7:00pm. Our 7:00pm service is livestreamed.

**Easter Sunday: April 4:** Facebook at 9:30am.

## PASTORS' CORNER

### Mindful of Lenten Discipline

The first of Martin Luther's 95 Theses reads, "When our Lord and Master, Jesus Christ, said 'Repent,' He called for the entire life of believers to be one of penitence."

I had always understood this to mean that I was to repent of being fundamentally self-centered and selfish – in addition to turning away from any behavior that might hurt somebody else. While this was helpful at times, it also led to an unhelpful spiral: being self-absorbed in my attempt to recognize and root out my self-centeredness.

More recently, the Rev. Nadia Bolz-Weber offered something quite helpful. After 10 months of pandemic lockdown, caught in the repeating unhelpful thought spirals of doom and loss and self-pity, she reluctantly agreed to try meditating. What she discovered was that the gift of meditation is not in having a perfectly still mind, but

**"the gift of meditation is in the messing it up – it's in being carried away in thinking and then realizing you are thinking and then returning to the meditation. Meditation's magic is in the returning. Not in the never having left. Theologically speaking, there's a word for that. It's repentance" (A *Pandemic Sermon on Meditation as Repentance*, January 24, 2021)**

And in the returning, in the repentance, we leave behind the thoughts of our egos – our "to do" lists, our fears and griefs, our rivalries, our self-judgment and judgments of others. In short, for even the briefest of moments, we lose ourselves for the sake of Christ. While there are behaviors that Christ calls us to leave – and those behaviors may be different depending on our own journeys – may our internal journey of repentance ground our external journey, that we may be whole.

A blessed Lenten journey!  
Pr. Beth



## WORSHIP

**Sundays at 9:30 on Facebook.**

### Agape Meals Sundays at 5:00pm

"Agape" is the New Testament Greek work for "self-giving love". In the Christian tradition an "Agape" is also the name for informal meals when Christians gather in prayer and share a simple meal reminding us that we are one in the Spirit. Bring bread, drink, and an open heart.

<https://us02web.zoom.us/j/81795477679?pwd=UXdyUWQ5K3VWQmdsOUphODZwak5lZz09>

### In-person worship: Thursdays in Lent

Contemplative services with Holy Communion are held at 1pm and 7pm with the evening worship live streamed on the St. Luke Facebook page. See front cover for details!

## CONNECT

### COMMITTEE NIGHT

**March 2, Tuesday, 6:30pm**

Pre-register using the link below. Upon registration, you will receive a confirmation email and link to the meeting.

*Zoom Invite:*

<https://us02web.zoom.us/meeting/register/tZUqfuypqjksHNMP10KxPGEf-upiC-itubhp>

### Virtual Rejoice Choir Continues In March

The Rejoice Choir will create two virtual anthems during the month of March for our Sunday morning Facebook services. We also continue to use prerecorded choir anthems from past "Musical Reflections" concerts and worship services in our Sunday morning Facebook worship services as appropriate.

### St. Luke Ringers Are Now Back To Full Strength

We now have 12 ringers working on 3-4 octave pieces, rehearsing in masks in the narthex on **Wednesday nights from 7:30-8:15pm**. Our goal is the creation of a video clip once a month for use in our Sunday morning virtual worship services. ~ *Dan Hibbett, St. Luke Music Director*

**Coffee Time ~ Sundays, 10:30am ~ March 7, 14, 21**

Gather for fellowship and discussion related to the sermon or for a special update or event.

*Zoom invite:*

<https://us02web.zoom.us/j/89410016496?pwd=QWNGMytQFUUQVdlMUw5a1NjQnJJQT09>

Meeting ID: 894 1001 6496

Passcode: 712869

## Adult Education – A Renewed Lenten Examen

Wednesdays at 7:00pm on Zoom.

March 3, 10, 17, 24, 31

<https://us02web.zoom.us/j/82405228109?pwd=M3Z1dVlyRE1JOWJheGRUL3k2NWxJQT09>

Meeting ID: 824 0522 8109 Passcode: 135354

St. Luke is thrilled to be a partner in birthing this brand-new Lenten discipleship offering; we are one of the three faith communities piloting this “Examen experience”. Here’s how Pr. Charles Mantey at St. Mark Lutheran Church, Salem, another congregation who will be piloting this series, describes the series: *Developed originally by St. Ignatius of Loyola, the Examen helps us examine our inner lives as we ask reflective questions based on Scripture and contemporary readings and listen for the Spirit’s guidance. The Lenten lectionary becomes our guide as we journey through this process. Traditionally, Lent is a time of prayer, of fasting and of almsgiving. This journey is designed to guide us to our own discoveries of what we need to fast from, and where and how we are invited to give in the coming week.*

## BIBLE STUDIES

### Circles’ Bible Study

Monday, March 1: 9:30 ~ 11:00am

<https://us02web.zoom.us/j/4386280314?pwd=TWkzWkFMalhFc3JiUmpVcFQzYkZhdz09>

Meeting ID: 438 628 0314 Passcode: Sarah

By phone: 253 215 8782 USM

### Every Women’s Bible Evening Study

Sunday, March 7, 6:30-8:00pm

Zoom link: <https://pdx.zoom.us/j/8376302680>

### Men’s Breakfast Bible Study: Tuesdays at 7am

<https://us04web.zoom.us/j/79584872315?pwd=NDFwVFcXQ3dNR0U2Tnp4alNRRaXRaZz09>

Meeting ID: 795 8487 2315 Passcode: 1bTcTb

### Women’s Bible Study: Tuesdays at 8am

<https://zoom.us/j/501766676?pwd=N1RKSTRTRU96NDdzeE9Ga2ZDeUpMQT09>

Meeting ID: 501 766 676 Password: 378366

### Community Conversations Around Race

Saturdays: March 13, 27 at 10:00am on Zoom.

Bing Swigart facilitates intentional conversation around race and racism – creating a safe place to share, struggle, and learn together. For more information, email Pastor Beth [pastorbeth@stlukechurch.com](mailto:pastorbeth@stlukechurch.com).

<https://us02web.zoom.us/j/85912685293?pwd=K3NzcTZKYUZYdEx6M2xSRmxtbmsvUT09>

Meeting ID: 859 1268 5293 Passcode: 983763

## Anti-racism Book Group:

March 2, 16 ~ 4:00pm

Caste: *The Origins of Our Discontent*,

by Isabel Wilkerson

<https://us02web.zoom.us/j/86404396867?pwd=Q3VnNjA4V2Z4RXkydi9geDB2Z1hxUT09>

Meeting ID: 864 0439 6867 Passcode: 329768

## Second Sunday Book Group:

March 14 ~ 10:45am

“*The Stationery Shop of Tehran*” by Marjan Kamali

April 11 – “*The Dutch House*” by Ann Patchett

May 16 – “*Beartown*” by Fredrik Backman

(NOTE: This is the third Sunday)

June 13 – “*Waking Up White*” by Debby Irving

September -- Possibly “*How to Be An Anti-Racist*”

Contact: Caryl Walker

Zoom information. Please be sure to use your name on your device when you join the meeting, so the gatekeeper (Jan E) knows who you are.

<https://us02web.zoom.us/j/88958687710?pwd=eHQ3bVNCK3NKS1JIVENIa2pNNEptdz09>

Meeting ID: 889 5868 7710 Password: 391236

Phone only: 669-900-6833



## Benson Family Foundation Scholarship Application

due **March 15, 2021**: *Don’t delay!* Applications are due for current scholarship recipients and 2021 high school graduations on March 15, 2021. Get your references and completed FAFSA information ready for the application.

<https://www.stlukechurch.com/benson-scholarships.html>

Questions may be submitted to Mike Stabeno, Trust Fund Chairperson, [trustfund@stlukechurch.com](mailto:trustfund@stlukechurch.com)

**Twitter** - Follow St. Luke: [@StLuke\\_Church](https://twitter.com/StLuke_Church)

► Right now, you may amplify our daily devotions with the links that are provided in our Twitter feed. It’s easy and it shows more about who we are as a congregation with daily lay and pastoral messages we can share.

**Instagram** - Find us at [st\\_luke\\_portland](https://www.instagram.com/st_luke_portland)

► This is a wonderful way to share photos and comment on them, as well as share photos as part of your story.

#GodsWorkOurHands

#WorshipConnectServe

#FindStLukeLutheranAndFollowUs2020

# SERVE

## Community Table Food Box Distribution

In February we had our 12<sup>th</sup> drive through food distribution for Community Table – making it a full year of distributing food using this method! We are thrilled there was no gap in services to local families in need during the Covid pandemic.

I would like to give a shout out to the people who have served throughout this period: **Ray and Sue Enquist** – ordering food from Oregon Food Bank and packaging meat ready for distribution; **Carol Lindeman** – purchasing, preparing and help with distributing bags of household products; the **Cunningham-Parmeter family** – preparation of the dry and canned goods pantry for distribution day; **Bob Swanson** and **Bob Burdick** (most months) – unloading the OFB deliveries into our pantry; **Dave and Ronda Reynolds** – packing of dry pantry bags and boxes; **Scott Willis, John and Sue Googins, Ron and Tammy Witcosky** and **Dan and Janet Swan** – parking detail, registration and loading on distribution days.

We would not have been able to have an uninterrupted service to our neighbors without the commitment of these folks. They have served in heat, rain, cold and wind – and always have a smile and friendly word for our CT guests. We served 65 families in January with food and warm gloves.

~ Judy Willis, Service and High School Ministries

## Fred Meyer Rewards

Our own St. Luke Community Table Food Box Program is a designated nonprofit organization with the Fred Meyer's Community Rewards Program.

You can choose to link your individual Fred Meyer rewards cards to St. Luke, and Community Table will receive some of the funds that Fred Meyer designates to nonprofits! This will not affect the amount of money you personally receive each quarter from the program – the charity portion of the rewards program is separate.

All you have to do to link your Rewards Card to St. Luke is to log in at [www.fredmeyer.com/communityrewards](http://www.fredmeyer.com/communityrewards).

**From there you can designate your personal reward dollars to Community Table Food Box Program using the NPO number assigned to us – ND166.** Thank you for taking the time to help increase financial support to our Community Table Food Box Program!



[Ask your Senators/Representatives to curb childhood poverty with the current COVID-19 Relief Package!](#)

Census data indicates that [10.5 million children live in poverty](#) in the United States. Congress is considering new legislation to respond to the ongoing COVID-19 pandemic. In that package is a proposal that would expand and improve the Earned Income Tax Credit (EITC) and the Child Tax Credit (CTC) for low-wage workers and families with children that could drastically cut U.S. childhood poverty by nearly half. Learn more about these refundable tax credit measures in our current blog post at <https://blogs.elca.org/advocacy/cut-child-poverty-in-half-it-could-happen/>.

New [Center on Budget and Policy Priorities \(CBPP\) research](#) reveals these changes alone would lift an estimated 4.1 million children out of poverty in a single year. The legislation would also lift an additional 1.1 million children out of deep poverty (defined as income below 50% of the poverty threshold.) *That would mean a reduction of child poverty in the U.S. of 40 percent.* Further analysis estimates that of all children lifted out of poverty through the CTC, 2.3 million would be Black, 4.1 million would be Latino and some 441,000 would be Asian American. Also, from the [CBPP](#), more than 300,000 American Indian and Alaska Native families with children would benefit from the bill's EITC and CTC expansions.

While Supplemental Nutrition Assistance Program (SNAP) and Temporary Assistance for Needy Families (TANF) have an important place in relieving profound family stress, research shows tax credits such as the EITC and the CTC can play an important role in reducing poverty now and in the future. Policy changes we make now in this time of pandemic can respond to present need with long lasting, positive impact. Analyses of the proposals put forward to expand these credits suggest they will ease a burden of hunger and poverty no person should bear.

In such a dark time in our national history, this is an unprecedented opportunity to cut childhood poverty in the U.S. nearly in half. Together our voices can make this a reality.

**Urge your members of Congress to support the EITC and CTC measures included in the current COVID-19 relief package! [Take action through the ELCA Action Center today.](#)**

## Mini Pantry

**Let's fill the first bright blue and yellow St. Luke Lutheran Church Deschutes design mini pantry:** We are ready to fill the first mini pantry for our neighbors. Thanks to the Synod Creative Ministry grant and your input and our creative building and painting support and care from St. Luke Members. The bright blue and yellow pantry tells a story of teamwork during coronavirus, as well as a story about how our members have skills and talents we may not realize. Thanks to all who have helped us launch this project! We social distanced and still pulled together a lovely pantry cabinet with many sets of hands. The pantry is scheduled post winter storm to be set up in a lighted area along the St. Luke driveway from SW Vermont.

In the next few weeks, we'll post photos of the pantry and a way for your household to participate in filling the pantry with items that can be taken for use by anyone who needs an item. We will also ask the community at large to participate in leaving items for use by others.

**Think about how you may want to serve during Lent by signing up to shop and fill the pantry.** Watch for the mini pantry Sign Up Genius link in the Weekly Updates. You'll select dates when you can help to shop and fill the pantry while others are checking the inventory and keeping us updated on the needs. Non-perishables, including Tetra Pak items such as soups and plant-based milks and basics such as pasta, rice and tuna are good ways to start. You may submit your receipt for items and be reimbursed or have your donation credited to your St. Luke giving. The operational project manager is Lee Welch. He will contact those members and friends who sign up as operations volunteers.

**We're also ready to build and install 2 additional pantries.** Join us in this effort. Our goal is to get 75 St. Luke households involved in some way. If you want to build parts of these pantries, paint components, please contact Ryan Carpenter at [rcarpenter05@gmail.com](mailto:rcarpenter05@gmail.com). We are also looking for help in finding sites to partner with as we determine where to install the two additional pantries. If you would like to help in this area, please contact Maripat Hensel at [henselresearch@gmail.com](mailto:henselresearch@gmail.com).

Finally, we need to get the word out about the first pantry. It is a take what you need, leave what you can distribution place. It's free and open day and night. Will you post information on your NextDoor account, school social media accounts or take photos of members adding food to the pantries so we may share them? Do you want to help us create a video for distribution about the pantries? We are eager to help you serve in this way. We have much to learn, however, we are on our way with this project.

~ The Pilot Mini Pantry Project Group

## THANK YOU, Mini Pantry Crew!



*Olive Babb*



*Nora LeBlanc*



*Ryan Carpenter*



*Maripat Hensel*



**"Give What You Can. Take What You Need"**



## FEED THE HUNGRY CAMPAIGN

Every year Neighborhood House, our local food pantry, holds a drive to fill their pantry! This year the drive takes place from March 1 – April 10. Their goal is 200,000 pounds of food or the cash equivalent of \$50,000. At St. Luke we will have a box out in the narthex during the weeks of Lent. If you are attending a service, you can bring your food donations and leave them in the box. **We will also have a drive through donation opportunity on Palm Sunday, March 28 starting at 11am.**

You can go online and give a monetary donation :<https://secure.givelively.org/donate/neighborhood-house-inc/sw-hope-community-food-drive-2021>

## Other events to raise money during SW HOPE:

### ★Take-out to Donate Night

**Tuesday, March 9 – Salvador Molly's  
(1523 SW Sunset Blvd)**

Get some delicious, eclectic favorites for take-out at local restaurant Salvador Molly's! 10% of all proceeds on March 9 will go directly towards SW HOPE.

### ★SW HOPE 5K

**Saturday, April 10 at 10:00 am (run on your own time through Sunday, April 11)**

Back again this year, the SW HOPE 5K looks to be better than ever! We're going virtual, which means you can run "with others" at a distance or run at your convenience anytime from April 10 to 11. Cost: \$25 for adults through March 1, \$35 after March 1; \$10 for kids

## Worship Support

To make our in-person Communion services possible, we have several ministry opportunities to serve:

●**Ushers:** Welcome people, help households maintain physical distancing and other safety measures, and guide people to Communion. Contact Tom Ludwig for more information.

●**Communion setup and cleanup:** This ministry makes it possible for us to share in Holy Communion, both in our gatherings and to be brought to the wider St. Luke community. Contact: Margrethe Farnstrom

●**Communion Visitation Ministers:** Bring Communion bread to the front doors of people who cannot come to worship. Contact Jane Chan.

## St. Luke Caring Calls and Cards

**Sign up to write or call members** of St. Luke! The pandemic has taught us that relationships are intentional, and we need to reach out to reduce feelings of isolation! For our fellow St. Luke members to experience the love of Christ through us, we have to connect with them. We are now expanding our monthly phone call ministry and incorporating a card-writing ministry.

If you have time to call or write 5 people a month, contact Nancy Feldman (503) 244-9999 or [owabim@comcast.net](mailto:owabim@comcast.net)

## Please join the CLIMATE ADVOCACY TEAM

The Environmental Stewardship Team is looking for volunteers for our Climate Advocacy Team and we hope that you will join us.

Following the failure to pass major climate legislation during the last two legislative sessions Governor Brown issued an Executive Order, "The Oregon Climate Action Plan". The effort this year will be to pass legislation to implement parts of that plan on a sector-by-sector basis. The bills in this package address issues like Energy Affordability, Healthy Homes, Appliance Efficiency, and 100% Clean Energy by 2035. These bills are expected to draw bi-partisan support.

As a member of the St. Luke Climate Advocacy Team, you will receive a briefing on the bills we are supporting. The next step is to contact your State Senator and State Representative and, as a member of a faith community, testify to your support for climate legislation. If you are unsure of who is your Senator or Representative, no problem, we can help you with that.

Because of coronavirus restrictions this year, there are no lobby days in Salem, and no trips to the Capitol to offer testimony during legislative hearings. You can be a climate advocate from the comfort of your home through email, and virtual hearings.

If this is something that you can do, please contact Vern Johnson at [vern\\_marg@frontier.com](mailto:vern_marg@frontier.com) . Your support will be greatly appreciated by future generations who will depend upon us to leave them a livable planet.

## Social Concerns Committee Update

The Social Concerns Committee met January 25 and again (with other committees) on February 2. We meet monthly on the first Tuesday committee meeting Zoom gathering.

Carolyn Loch agreed to continue as treasurer for 2021 and Michael Ford agreed to continue as chair/secretary.

We began the year with a balance available for dispersal of \$8,628. We are also holding designated funds for our Syrian refugee family in the Social Concerns account.

For 2021, our Committee will frame our Social Concerns Ministry in outreach categories that mirror our benevolence guidelines, reaffirmed by Church Council in 2019.

Those categories are:

Food Insecurity  
Hunger  
Disaster Relief  
Community Health  
Clothing/School Supplies  
Education  
Sanctuary Synod/Immigrants/Refugees  
Homeless Community  
Shelter  
Advocacy;  
Emergency  
Administrative

The Committee reviewed and discussed numerous nonprofits that have been suggested in our initial Social Concerns Outreach Ministries template. We agreed (following Judy Willis' comments about the current financial status of both Community Table and Grauer Back to School Project) that, in terms of cash flow, the Committee will make commitments annually and disperse commitments on a quarterly basis (at the discretion of the treasurer) without holding large sums of money in reserve for Community Table and Grauer as we've done in the past.

We also discussed finding a balance between adding more nonprofit partners (particularly when some of them are more well-funded with a broader base of donors) and targeting congregational benevolence toward those that don't enjoy that same substantial level of donor support but clearly mirror our congregational benevolence guidelines.

The Committee agreed, in terms of "shelter outreach", that we will continue our long-standing commitments (at a level to be determined in a future meeting) to Letty Owings Center, NW Pilot Project, and West Women's and Children's Shelter

Given the fact that our projected budget for benevolence to be distributed by the Committee is \$66,800 for 2021 (the same as 2020), this will be an important ongoing discussion.

The Committee to the following nonprofits and to dedicate St. Luke benevolence as follows:

- \$3,000 - **Northeast Emergency Food Program**  
(immediate)
- \$3,000 - **SW Neighborhood Food Pantry**  
(immediate)
- \$1,000 - **Pastor's Discretionary Fund**  
(immediate)
- \$8,000 - **Community Table** (dispersed quarterly)
- \$10,000 - **Grauer Back to School Project**  
(dispersed quarterly)
- \$200 - **Administrative**  
(per request from treasurer)

**\$25,200** benevolence decisions to date. Thank you for your continuing generous giving that supports our outreach ministries.

Committee members include: **Carol Adams, Gaile Baack, Jane Chan, Cyndy Flock, Michael Ford, Julie Gaudette, Carolyn Loch, Alice Mills, Laure Patrick, Ken Peirce, Cathy Spofford, Judy Willis.**

### **SPECIAL NEWS: Vaccination assistance!**

★ If you would like assistance signing up for a vaccination appointment, please contact Chrysia Watson at 503-250-4587.

★ For transportation to your assigned vaccination site call Marlynn Rust: 503-621-7689.

## IN THE FAMILY

**PRAYERS:** Karen Stabeno's brother, **Ed Nelson** (cancer diagnosis); **Dennis Williamson** (COVID), Louise Nuss' nephew; **Jim Seiffert** (tested positive for COVID), father of Sue Seiffert; **Marlene Roth** (cancer); **Lisa Lynham** (breast cancer); **Carrie Laurence**; **Patty Farrell's mother and family**; David Hayne's mother, **Priscilla**; **Joanne Haynes**; Dale Benson's brother-in-law **Chris** (cancer); **Lawrence** and **Sandra Carasco**; **George Branson** (knee replacement surgery); **David Osenberg** (cancer treatment); **John Jessen**; **Barb Dahlgren**; **Annette** and **Paul** parents of Kim Weber; **Hal Yackley**; **Daniel Alrick**; **Georgann Dustan**; **Gary Hofsommer**; **Henry Heuer** (in remission); **Will Heuer** (nursing home); **Wendy Metz**; **Bonnie Brunk**; **Dottie Inman**; **Dee Mills**; **Jeremy Eckhardt**; and those incarcerated.

## GOD'S PEOPLE PRAYING.....



For prayers in emergency, specific events in your life (happy or sad) or in any case you feel the need for others to be praying with you, St. Luke has Prayer Chains that take phone calls day and night.

**The church office or one of our pastors:**

503-246-2325

**Day calls:** (8am ~ 5pm) **Rujeanne Anderson**

503- 297-2246

**Night calls:** (after 5pm) **Carol Greene**

503-245-4189

**Calls Are Confidential.**

## DIGITAL NEWSLETTER?

Each month, "The Messenger" (St. Luke newsletter), is posted to the church website, a link is sent via MailChimp directly to our members and papers copies are sent via the U.S. post office.

If you are comfortable receiving the newsletter electronically please help us to save on paper, ink and postage costs.

**PLEASE, CONTACT THE CHURCH OFFICE IF WE CAN SIGN YOU UP FOR DIGITAL ONLY. THANKS!**

[office@stlukechurch.com](mailto:office@stlukechurch.com)



Brandon Curran	3/1	Kathryn Nuss	3/12
Lori Metz	3/1	Judy Moline	3/13
Cathi Holmes	3/1	Gary Bishop	3/13
Beverley Westlund	3/1	Nicholas Montplaisir	3/15
Amalia Thornton	3/3	Kathryn Fry	3/15
Cindi Farnstrom	3/3	Scott Bremmer	3/15
Adam Evers	3/3	Kim Watts	3/16
Ron Dobyns	3/3	Edward Mattingly	3/16
Gabe Volk	3/4	Nora LeBlanc	3/16
Laurie Johnsen	3/4	Shane Mileham	3/17
Julie Kresl	3/4	Julie Hanna	3/17
Jonathan McCollom	3/4	Louise Grande	3/18
John Jackson	3/5	Carrie May	3/18
Barbara Nesbitt	3/5	Barbara Roady	3/19
Yolande Adibonou	3/5	Margaret Johnson	3/19
Scott Willis	3/7	Gwen Spalding	3/19
Chloe Meurisse	3/7	Jon Read	3/21
Beverly Wallin-Endres	3/8	Ron Hudson	3/21
Don Baack	3/8	Laura Pahlmeyer	3/21
Lorna Beckley	3/8	Logan Schreiber	3/22
Tracy Meurisse	3/8	Sam Volk	3/22
Blaine Dustan	3/9	Paul Weber	3/23
Francine Read	3/9	Miriam Greene	3/23
Michael Kerr	3/10	Grant Pratasiewicz	3/24
Jeremy Eckhardt	3/10	Scott McLoud	3/24
Bonnie Brunk	3/10	Beth Vorderstrasse	3/24
Carolyn Loch	3/10	Jeff Nuss	3/25
Annie Joy Morgan	3/10	Becky Turner	3/25
Janet Swan	3/10	Wendy Noreen	3/27
Jill Metz	3/11	Coleen Ahmann	3/28
Ellie Moe	3/12	Clyde Hanna	3/31

**Please, contact the church office if we have missed a birthday!**

## Children's Ministries

With Lenten learning done at home this year, families received mailer Lent Kits (which included ashes and liturgy for at home imposition).

### What else is in the Kit?

- ▶ Alleluias
- ▶ Jesus Tree
- ▶ Lent Calendar
- ▶ Prayer Pretzel Recipe

*(soft pretzel recipe made from pizza dough)*

### Our Tradition Of Burying The Alleluias Are Virtual This Year And Is An Activity For ALL AGES!

1. **Color** the Alleluias.
2. **Take a selfie** holding the Alleluia art ( use landscape mode please! )
3. **Email photo:** [AlleluiaStLuke2021@gmail.com](mailto:AlleluiaStLuke2021@gmail.com) submit ASAP or no later than March 28)
4. **Bury it in an intentional designated space/box in your home or outdoors**
5. **Resurrect your Alleluias on Easter Sunday**  
**Look for the Alleluia Photo Montage at our Virtual Easter Service**

- **Chris Polanco** will create a photo montage of our Alleluias, 'resurrecting' them for our Easter service! (Think of the similar montage of our Christmas candle photos on Christmas Eve).



### MARK YOUR CALENDARS!

We will have a St Luke Drive-By Parade on **Palm Sunday, March 28, 2021 11 AM!**

- Drive by Palms Blessing
- food donations go towards SW Hope

### LENTEN CALENDAR: THE SALT OF THE EARTH



**Kids can track the days of Lent** leading up to Easter by practicing a moment each day using their Lenten Calendar.

**Families can track the days of Lent** with a timeline of Jesus' life from birth to resurrection. Daily readings come with hanging symbols that can be displayed on an At Home decorative tree/branches.

**Want a kit** for yourself, family member, or a friend? Reach out! It's not too late! We can email it to you or arrange a drop-off: [childrensministry@stlukechurch.com](mailto:childrensministry@stlukechurch.com)



**Kim Weber**  
**Children's Ministries**  
[childrensministry@stlukechurch.com](mailto:childrensministry@stlukechurch.com)

# YOUTH MINISTRY

## Middle School Ministries/Confirmation

*Seeking to immerse Middle Schoolers in the Love of God*

### Sunday Gatherings 11:00am on Zoom

- March 7
- March 14
- No class March 21 – Spring Break
- No class March 28 – Blessing of the Palms Drive Thru Parade!

Game Night – Saturday, March 13 @ 7:00pm

Contact: Joan Snyder  
[vanderweele@comcast.net](mailto:vanderweele@comcast.net)

## St. Luke Youth NEWS!

### MAKING A DIFFERENCE

In February, Laurel Skinner taught a lesson in SLY on measuring success. It is common to measure success based on achievement: grades, win/loss records, job title or salary. Setting goals and then reaching them. While setting goals is great – how do you feel when you don't meet them for reasons beyond your control (like Covid)? Does it change how you feel about yourself?

Laurel challenged us instead to look at these three things we had accomplished in 2020:

- 1) Making a difference in someone's life.
- 2) Overcoming an obstacle that came our way
- 3) Looking at things we had done to help create our own path for the future.

We can all name ways we have been successful in the past year when we choose to look through this lens.

*Thank you, Laurel!*

### POP UP CAMPFIRE!!

We have wanted to do something fun in person for a long time! On a weekend sometime very soon – SLY will have a Pop-Up fire pit gathering. We will meet on the Vermont lawn - masked, in chairs spaced apart – and have individually wrapped s'more packets for roasting! This is weather dependent so we will give everyone about 24 hours' notice to come and join the fun!

### SLY IN March

Join us for Zoom SLY Sunday:

March 7 and March 14

ALL GATHERINGS BEGIN AT 11AM!

March 21 – no SLY: Spring Break

March 28 – no SLY: Spring Break

*Come to a Palms Blessing Drive-Through Event: to Donate!*

If you need the Zoom info contact Judy: [judy@stlukechurch.com](mailto:judy@stlukechurch.com)

# Covid-19 Guidelines for Attendance at St. Luke

## Encouragements

- Those who have any **COVID-19 symptoms** (<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>) **are asked to stay home.**
- Those who are at a **higher risk of severe illness** (<https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/index.html>) **are encouraged to stay home.**
- Ensure all individuals wear facial coverings unless exempt under Oregon Health Authority guidelines for the safety of those who are at a greater risk of illness. Disposable masks will be available for those who don't have one.
- Exemption for individuals who have a medical condition that makes it hard to breathe or a disability that prevents the individual from wearing a mask, face shield or face covering, however, **please be extra mindful of your distance to others.**
  - Exemption for children under age 2 (this age group should never wear a mask)
  - Children between ages 2 and 5 encouraged to wear masks, with the assistance and close supervision of an adult. Children 5 and older are required to wear a mask.

## Distancing

- Maintain at least 6 feet distance between all individuals or household groups at all times, and more space from any unmasked babies or children. Everyone should also practice good hygiene and frequent hand washing.
- Every other pew will be closed ensuring six feet of distance between households.
- One household will be allowed per pew (or two, with six feet between them).
- Worship attendees are required to **register online** (<https://www.signupjenius.com/>) ahead of time to ensure that the appropriate number of people are in attendance for each service.
- **No singing.**
- Only one person/household will be allowed to use the restroom at a time. Hand sanitizer should be used upon exit from the restroom. Restroom doors should be propped open when vacant.

## Cleanliness

- Hand sanitizing stations will be available in a number of locations throughout the church; however, you are encouraged to bring your own sanitizer/wipes as is feasible and as a precaution.
- High contact surfaces (like pews and door handles) will be disinfected after every service.
- Hymnals and Bibles have been removed from the pews.
- Should you be accustomed to following along in the Bible, you may bring your own.
- The offering plates will not be passed out during the service. Rather, they will be located at the entrance/exit of the sanctuary. Members are still encouraged to make use of our **online giving opportunities.**

## Before the Service

- The pastors will wear a mask to greet people outside the narthex but will refrain from shaking hands at this time. (They may opt for the fist pump; elbow touch or foot tap however)
- The doors from the narthex to the sanctuary will remain open at all times.
- These guidelines will be posted near the entrance to help people with these new procedures.

## Communion

- Wafers or bread will be available and safely distributed as well as safely prepared to avoid contact if at all possible.

## After the Service

- Pastors will wear a mask and greet people outside but will refrain from shaking hands.
- Households will be dismissed starting from the back in an orderly fashion.
- No congregating inside the facility will be allowed. Attendees are encouraged to fellowship outside at a safe distance. (And weather permitting)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>MARCH 2021</b>	1 9:30am Circles Bible Study  <b>SW HOPE begins!</b>	2 7:00am Men's Bible Study 8:00am Women's Bible Study 11:00am Staff Meeting 2:30pm Worship Plan Mtg. 4-5pm Anti- Racism Study 6:30pm <b>Committee Night</b>	3 4:00pm Prayer Pause 6:45pm Recordings 7:00~8:00pm Adult Education	4 <b>Mid-Week Lenten Worship:</b> (in-person) 1:00pm 7:00pm 7:30pm Choir Mtg.	5 10-11:00am Drive-Up Communion	6
7 <b>3RD SUNDAY IN LENT</b> 9:30am Worship 10:15am 5 <sup>th</sup> grade 10:30am Coffee Time Pre-K (3 years) ~ 1 <sup>st</sup> grade Parent Group 11:00am: 2 <sup>nd</sup> ~ 4 <sup>th</sup> grades MSM and SLY 5:00pm Agape Meal 6:30pm <b>Every Women's Bible Study</b>	8 6:00pm Stephen's Ministry	9 7:00am Men's Bible Study 8:00am Women's Bible Study 11:00am Staff Meeting 2:30pm Worship Planning Mtg 5:00pm Finance Committee  7:00pm <b>Support SW Hope!</b> Take-out: <b>Salvador Molly</b>	10 4:00pm Prayer Pause 4:45 pm Conversations from the Heart 6:45pm Recordings 7:00~8:00pm Adult Education	11 <b>Mid-Week Lenten Worship:</b> (in-person) 1:00pm 7:00pm 7:30pm Choir Mtg.	12 10-11:00am Drive-Up Communion	13 <b>NO:</b> Northeast Emergency Food Program 10:00am Community Conversation Around Race  7:00pm <b>MSM Game Night</b>
14 <b>4TH SUNDAY IN LENT</b> 9:30am Worship 10:15am 5 <sup>th</sup> grade 10:30am Coffee Time Pre-K ~ 1 <sup>st</sup> grade, Parent Group 10:45 <b>Second Sunday Book Group</b> 11:00am: 2 <sup>nd</sup> ~ 4 <sup>th</sup> grades MSM (guest) and SLY 5:00pm Agape Meal <b>DAYLIGHT SAVINGS TIME Begins!</b>	15  <b>NEWSLETTER ARTICLES DUE</b>	16 7:00am Men's Bible Study 8:00am Women's Bible Study 11:00am Staff Meeting 2:30pm Worship Planning Meeting 4-5pm <b>Anti- Racism Study Group</b> 6:30pm Council Mtg.	17 4:00pm Prayer Pause 6:45pm Recordings 7:00~8:00pm Adult Education 7:30pm Bells	18 <b>Mid-Week Lenten Worship:</b> (in-person) 1:00pm 7:00pm 7:30pm Choir Mtg.	19 10-11:00am Drive-Up Communion	20  10am ~ 12noon <b>Church Council Retreat</b>
21 <b>5TH SUNDAY IN LENT</b> (No Classes) 9:30am Worship 10:30am Coffee Time 11:00am <b>Record Passion Narrative</b> 5:00pm Agape Meal	22  <b>SPRING BREAK 3/22 ~ 3/26/2021</b>	23 7:00am Men's Bible Study 8:00am Women's Bible Study 11:00am Staff Meeting 2:30pm Worship Planning Mtg	24 4:00pm Prayer Pause 4:45 pm Conversations from the Heart 6:45pm Recordings 7:00~8:00pm Adult Education 7:30pm Bells	25 <b>Mid-Week Lenten Worship:</b> (in-person) 1:00pm 7:00pm 7:30pm Choir Mtg.	26 10-11:00am Drive-Up Communion	27 10:00am Community Conversation Around Race  <u>2:00-3:30pm</u> Community Table Food Box Distribution
28 <b>PASSION/PALM SUNDAY</b> (No Classes) 9:30am Worship  11:00am <b>Palms Blessing Drive Thru</b> 5:00pm Agape Meal	29	30 7:00am Men's Bible Study 8:00am Women's Bible Study 11:00am Staff Meeting 2:30pm Worship Planning Mtg 4-5pm <b>Anti- Racism Study</b>	31 4:00pm Prayer Pause 6:45pm Recordings 7:00~8:00pm Adult Education	 <b>St. Luke</b> LUTHERAN CHURCH  <b>Worship † Connect † Serve</b>		